

2022 Castlegar DRAFT SCHEDULE

Group # 1

Mon, Tues, Wed – ice time from 1:00- 3:00

Thurs – 9-11 On ice

11:15-11:45 lunch

11:45-1:00 Dryland/Off ice activities

Fri – 9-11 ice (bring light snack to eat while getting undressed to be able to hold them over until the pizza party)

11:30-12:45 Dryland/Off ice activities

12:45 Wrap up Pizza party

Group # 2

Mon – ice will be 4:00-6:00 (later this first day as I need to finish on the ice with Group 1 and then come out to pre-register this group)

Tues, Wed – ice time from 3:30- 5:30 ????

Thurs – 2:00-3:15 Dryland/Off ice activities

3:45-5:45 On ice

Fri – 2:00-3:15 Dryland/Off ice activities

3:45-5:45 On ice

5:45 Wrap up Pizza party